

## Overview

The ImaginationGYM® Methodology is based on leading edge educational and cognitive theories with imagination at its core. ImaginationGYM® makes the assumption that all children are intelligent, that all children want to learn and that all children are different. It is designed to integrate with both formal and informal educational and childcare systems. It specifically targets development of essential life skills at primary school age e.g. decision-making, problem-solving, emotional intelligence, self-regulated behaviour and effective use of creativity and imagination.

ImaginationGYM® is designed to tap into the innate intelligences and learning styles of each individual child. The programs core design takes into account the limited time/ resources and stress of staff working with children. The quiet, calm atmosphere which the program creates encourages children to develop academic and life skills through creativity, while also benefiting staff.

The intensive research and development phase has been supported by a growing number of academics, psychologists and educational institutions worldwide and ImaginationGYM® is currently being integrated into the advanced childcare practices of Scandinavia.

## Information

### ImaginationGYM® Methodology Level One Training Course

for

**Special Needs Assistants (SNA'S)**

Date

Time

Venue

Fee\*

Payment methods: Visa / MasterCard / Laser /  
Cheque / Telephone

\* Fee includes training manual, activity pack  
(CD and activity book), certification, lunch &  
refreshments.

ImaginationGYM,  
18 Exchange Street Upper,  
Temple Bar, Dublin 8,  
Ireland.  
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**imaginationGYM®**

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# ImaginationGYM® Methodology Level One Training

For  
**Special Needs  
Assistants (SNA's)**

"Imagination is more important than knowledge"  
Albert Einstein





## Booking Form

Please complete this booking form or call us on + 353 (0)1-6753522 to reserve your place today!

### ImaginationGYM® Methodology Level One Training Course for Special Needs Assistants

Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Course Date \_\_\_\_\_

Course Venue \_\_\_\_\_

### Payment

I enclose my non-refundable deposit of €50/ £50 made payable to BrightChild Productions Ltd.

OR

Please debit my:

Visa  Laser  MasterCard

Card Number  
Expiry Date

Please note that deposits are non-refundable unless the course is cancelled by ImaginationGYM®. Part payments exceeding the deposit or whole payments will be refunded up to 7 calendar days before the event. The balance is payable in full on the day of the training course. Completed booking forms should be sent to ImaginationGYM®, 18 Exchange Street Upper, Temple Bar, Dublin 8, Ireland. + 353(0)1 6753522

## ImaginationGYM® in Education

The ImaginationGYM® Methodology is based around specially designed audio programs and activities which develop imagination, whole brain learning and multiple intelligences in children 5 years upwards.

The flexible nature of the program means that it can be used as little or as often as staff decide, either as a standard ImaginationGYM® session using the CD and activity book (approx. 1 hour) or in the background as part of other activities.

ImaginationGYM® addresses a wide range of problem areas including:

- Concentration and focus
- Self-esteem/ confidence building
- Behavioural and emotional issues
- Over-use of TV/ Computer games
- Decision-making skills
- Relaxation skills

### Additional benefits

- Self-paced for each child
- Integrated with the SPHE/ PSHCE curriculum
- Inclusive whole class activity
- Non-competitive
- Time and cost efficient

## Training Course

In this one day course, Special Needs Assistants will learn about the ImaginationGYM® Methodology and its practical application in educational environments. SNA's will see how they can utilise the Methodology in their supporting role while working with the teacher in a classroom, small group or one-to-one setting.

The training Course explains the theoretical background to the Methodology and offers participants practical advice and ideas for using ImaginationGYM® Programs.

*Certification for Level One is awarded on completion of the training course.*

### Topics covered will include

- ImaginationGYM® Methodology and Principles
- Educational & cognitive theory and best practices
- Howard Gardner's Multiple Intelligence Theory
- Vygotsky & The Zone of Proximal Development
- Flow theory
- Using ImaginationGYM® in your role as an SNA
- Dealing with behavioural, emotional and learning difficulties
- Staff participation and involvement
- Creative project ideas
- Case histories
- Child observation techniques